

HAPPY FRIDAY

With Friends

Klamath Falls Friends Church

January 12, 2024

Link for Sunday worship, 1-14-24, 10 AM

<https://us02web.zoom.us/j/85381127592?pwd=Z01JTHFXNVdzeTZqTUUpwS1dmSFVxZz09>



The entire Speech for The March on Washington, August 28, 1963 -- "I Have a Dream" – 17 Minutes

Will you please listen as a way of commemorating Martin Luther King Jr. Day this weekend

https://youtu.be/Oo3a2HIKkuE?si=FuKdMjtC_sY3Xc9x



- *Peace Prayer for a Ceasefire
Every Wednesday at 6:30*
- *Meditation Monday 22nd at 6:00*
- *January 21, 2024 – Peace and Social Concerns at 9:00 AM*
- *January 21, 2024 – Meeting for Business after worship*
- *January 21, 2024 – Rumi Class @ 3:00*

Quaker Phrase of the week: “ I will hold you in the Light” -- What does it mean?

Because we are Quakers and it is a common phrase among Quakers who thought the word “prayer” had been overused and was trivialized and much too churchy, there are many different ways to interpret the phrase and how to accomplish this presence with another even when you are not sharing the same space. Here are some links that help to explain different ways people express and hold one another in the Light. For me, if I tell you I am holding you in the Light, I am committing to meditate on you and your problem, and lift you up, ask for encouragement, inspiration, enlightenment, healing and wholeness, and to imagine these good things coming to you and your life. Sometimes I envision the person full of the Divine’s healing light. It helps too to hold enemies in the Light. I am not saying this kind of spiritual practice changes the other person’s situation or health. But it is a form of connection between you, the person, and the Divine, however you define that connecting source. As we wish for good in this world, for wholeness in this world, in each other and in society, we become more instruments of peace and wholeness ourselves as long as we act on and nurture these connections between us and others.

<https://www.youtube.com/watch?v=x0SLPWOJHsU>

<https://www.quakercloud.org/cloud/humboldt-friends-meeting/resources/inspirations-holding-one-another-light>

<https://www.friendsjournal.org/to-hold-in-the-light/>

https://www.reddit.com/r/Quakers/comments/17caevy/how_does_ill_hold_you_in_the_light_differ_from/?rdt=59060